

SUNDAY MORNING HEALTH CORNER

Ovarian Cancer Awareness

*September is Ovarian
Cancer Awareness Month*

The National Ovarian Cancer Coalition reports that 1 in 78 women will develop ovarian cancer in her lifetime. Ovarian cancer screenings are not performed or detected through a Pap test. Two tests are used to screen for ovarian cancer:

- 1) **Transvaginal ultrasound (TVUS)**
- 2) **CA-125 blood test** measures the amount of protein called CA-125 in the blood.

Are you at risk for ovarian cancer?
Here are factors that increase your
risks of ovarian cancer:

- Hereditary Risk
- Menopause
- Obesity or Being Overweight
- Having Children Later in Life
- Fertility Treatment
- History of Breast Cancer

There are several ways to lower risks and prevent ovarian cancer. Speak to your gynecologist to receive more information and discuss your personal plan of action.

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